

DETECTIVE DANCES TO
SHOW "IMMODESTY"

Magistrate Todd in the Adams Street Police Court, Brooklyn, today was called upon to decide whether it is possible for a woman to dance in an objectionable manner while wearing modern costumes.

Detectives Neil and Fowler detained Gladys Brown, an actress in a burlesque show, had danced in a decidedly indecent manner, as they arrested her and Blanche Baird, Harry Long and Michael J. Joyce, manager of the Star Theatre, where the performance took place.

"Can you illustrate the dances?" the Magistrate asked Neil. Neil glanced at the girl and said: "No, with hands on hips, she executed a few twists and turns that brought forth glances instead of expressions of surprise. Then Miss Baird went on the stage. She said the new-fangled costumes were like a straitjacket and that a lady couldn't be immodest to them."

The Magistrate left it to the Court of Special Sessions to decide.



Printing

that is difficult to read
is better left unread.

It's possible that a pair of glasses will make it easy for you to read printed matter which you have been in the habit of "skipping."

One of our *Oculists* (Registered Physicians) will soon tell you whether or not you have been straining your eyes and need glasses.

It will cost you nothing to find out, for there's no charge for examinations.

Harris Glasses cost \$2.00 or more.

Open Saturday Afternoon.

M. H. Harris
Oculists and Opticians

24 West 23d Street, near 4th Avenue.
14 West 15th St., near 5th Avenue.
27 West 4th St., bet. 5th & 6th Avenues.
442 Columbus Avenue, bet. 81st & 82d Sts.
10 Nassau St., bet. 2d & 3d Avenues.
1400 St. Nicholas Ave., bet. 180th & 191st.
1607 Broadway, Dr. Willoughby, Brooklyn.
445 Fulton St., bet. 4th & 5th Avenues.
668 Broad St., next to H. R. Co., Newark.

HOME GYMNASIUM FOR WOMEN

To Preserve Health, Strength and Figure

A New Series of Illustrated Lessons, Showing How Every Woman May Have an Inexpensively Equipped Gymnasium in Her Own Home, and Teaching Games and Exercises Which Promote Excellent Physical Condition.

NO. 10—FENCING WITH WANDS.

By Pauline Furlong.

The Evening World's Authority on All Questions of Women's Physical Well Being.

In my past lessons and illustrations I have not mentioned the graceful art of fencing as an aid to beauty and poise. This old, foreign practice is taught in all of the professional gymnasia, as it brings practically every muscle of the body into play. Fencing also makes the eye alert and the movements light and elastic.

In foreign countries it is indulged in by people of all ages, but in our country only the young seem to enjoy and practice it. In showing the exercises from day to day, I frequently refer to gaining and losing weight, when as a matter of fact my real object in these lessons is to have my readers build up their bodies to a healthy normal condition, even if they are perfectly satisfied with their appearance.

Exercise, first of all, keep you young, and in trying to fight off old age we should first understand just what it is that makes us old. It is not possible to defy old age and make an old body young, but it is possible to keep it away many years and really appear young.

THE CHIEF DIFFERENCE BETWEEN YOUTH AND OLD AGE.

The only real difference between an old person and a youthful one is that one is supple and the other is bent and stiff. What causes this? As we advance in years the arteries become clogged with chalky deposits, and if we can remove these the body will again become elastic and supple as in youth.

Neither doctors, medicine nor diet can remove these sedimentary deposits from the system, and it is these which cause the thickening of the muscular membrane. The supply of blood to the brain is thereby lessened, which causes confusion, loss of memory and all of the other glaring signs of old age. These earthy deposits in the arteries are composed chiefly of magnesia and phosphate of lime, with small bits of sulphate of lime and other minerals. Many authorities advise a diet containing small quantities of lime to help dissolve these deposits, but this is not really possible for any reasonable length of time.

There is therefore only one practical and reliable method of removing and preventing this clogging of the arteries.

THE EXERCISES.

My women readers will find the single stick fencing exercises a wonderful aid in reducing adipose tissue, rounding out the muscles, developing the bust and stimulating the circulation. They are also conducive to grace, poise, alertness and lightness of feet.

The first thing to learn is how to hold the wand or fencing stick. Hold the thumb firmly on the top of the stick and close the fingers firmly around it. Do not allow the fingers to overlap the thumb.

Take your position "on guard" before starting any of the fencing exercises, and this one is illustrated by my partner to-day.



FENCING WITH WAND.

Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

exercise, and this one is illustrated by my partner to-day.

The heels and calves should be nearly touching. From this position move into general action.

The exercises I am showing to-day start with the "on guard" position, and from this thrust the left leg outward and far back and bend the right knee, lunging forward with the right arm as you do so. From starting position, on counts one and two, A cuts and B guards. On counts three and four, B cuts and A guards. On counts five and six, A cuts and B guards, and on counts seven and eight, B cuts and A guards. Both now return to starting position "on guard." Repeat this exercise (II starting) six times.

To-morrow I will explain and illustrate beneficial exercises in which you may employ an ordinary bath brush.

Letters From Evening World Readers Following Miss Furlong's Lessons.

T. O. (Dayton) asks: "Will arsenic tablets whiten my skin? It is sallow and muddy." Only fresh, outdoor exercise and proper food will clear the complexion and beautify it. Most all complexion tablets are injurious and are only so-called blood purifiers. Plenty of sleep and rest in well ventilated rooms will clear the skin and bring color to the cheeks.

MABEL K. (Salt Lake City) asks: "How often should I exercise, and at what time of the day?" You should exercise at least once a day and ten minutes each time. Make "little and often" your motto, as this is better than an hour or more exercise once in a while. The middle of the day is the very best time.

ETHEL O'B. writes: "I talk in my sleep and dream. What causes this?" Talking in the sleep is usually the result of a disordered stomach and indigestion. It is usually caused by eating heavy food just before retiring.

ing. We only remember the dreams which occur just before losing consciousness. Do not eat anything after 8 o'clock at night and you will not dream.

CAUSE OF RED FACE.

KATHERINE L. asks: "What causes my face to appear so red all the time?"

This is due to sluggish condition of the blood. Much exercise will draw the blood from the head and send it to the other parts of the body. Facial exercises will also benefit you. No, you have not too much blood.

LEE C. writes: "Which is the best time to bathe?" Any time except when hungry. Bathing is preferable to all others for bathing. It is cheap and within the reach of all.

E. H. J. (Washington, D. C.) asks: "How much should I weigh? I am 5 feet 10 inches tall? You should weigh from 164 to 174 pounds."

BERTA K. (Baltimore) writes: "Do you think lettuce a valuable food?" Lettuce contains much water. It is cooling to the blood and enriches it. It is full of mineral salts and an excellent food for blood and bones. This vegetable is especially valuable in improving a bad complexion.

EDITH M. (Cleveland) writes: "Do you advocate meat in the daily diet for either stout or thin people?" Those who are engaged in strenuous work should eat meat in abundance, but people of sedentary habits would do well to use it sparingly.

Jury Chosen to Try Indianapolis Mayor on Fraud Charge. INDIANAPOLIS, Ind., Sept. 10.—The jury to try Mayor Joseph E. Bell on charges of conspiring to corrupt the Marion County election was completed and sworn in to-day. On the jury are six Republicans, three Democrats, one Socialist, one Progressive and one Trustbuster. Mayor Bell is a Democrat.

Ten Ships Lost During Week. BRITISH REPORTS. LONDON, Sept. 10.—A British official statement says: "The ships lost for the week ending Sept. 8 number ten, of a gross tonnage of 27,326; fishing vessels four, tonnage 134."

Store Open Saturday Until 6 P. M.

Franklin Simon & Co.
Fifth Avenue

Men's Clothing Shop 8 West 38th St.—Store Floor

Hand Tailored Ready-to-wear Clothing

Sack Suits	Overcoats	English Overcoats	Sport Clothes
Evening Dress Suits	Tuxedo Suits	English Raincoats	Tropical Clothes
Cutaway Coats	Usters	Separate Trousers	Motor Apparel

Young Men's and Men's Fall Suits

Custom Tailored, Ready-to-Wear Suits, 33 to 46 Chest

Approved custom tailor, one, two, three or four button models of the finest Imported or Domestic fabrics in the newest Invisible Overplaids, Overplaids combined with stripes, Pencil or Combination Stripes, Checked Velour, Oxford Vicuna, English Tweed or Navy Blue Serge.

18.50	30.00	35.00	40.00
-------	-------	-------	-------

Young Men's Fall Suits

Approved Custom Tailor Models—Hand Tailored

Hand tailored suits, one, two, three or four button models of the newest Invisible Overplaids, Overplaids combined with stripes, Pencil or Combination Stripes, Checked Velour, Oxford Vicuna, English Tweed or Navy Blue Serge. 33 to 46 chest.

24.50

Men's "Carmoor" Fall Overcoats

London Made—For Immediate Wear

Newest London Slip-On, Box or Raglan models made by the makers of the highest grade English Overcoats. Of English Invisible Overplaid Cover Cloth, English Tweed, Irish Honespun and Invisible Overplaid fabrics.

22.50 and 28.00

Men's Furnishing Shop 16 West 38th St.—Store Floor

Shirts	Knitted Sport Coats	Pajamas & Night Shirts	Hosiery
Neckwear	Sweaters	Dressing Gowns	Underwear
Waistcoats	Handkerchiefs	Street & Dress Gloves	Collars

London Spitfields Silk Scarfs

Newest fall scarfs, open end shape, made of Imported Spitfields Silk, in a large assortment of the newest stripes and colorings.

1.50

Men's Shoe Shop 4 West 38th St.—Store Floor

Walking Shoes	Dancing Pumps	Riding Boots
Sport Shoes	Full Dress Shoes	Slippers

"Franklin" Shoes

Newest Authentic Fall Lasts.

5.00

"Ground Gripper" Shoes

The Common Sense Orthopedic Shoe.

6.00

Men's "Banister" Shoes

The newest fall lasts for Young Men and Men, of Mahogany, Dark Tan or Black Russia Calfskin, with tops of same, Taupe, Tan or Black Buckskin.

7.00

School Children
Can't Afford Handicaps

In a remarkable test recently made under the supervision of the State Board of Health of Minnesota, over 9000 school children were questioned as to what they ate for breakfast.

A large percentage of the breakfasts consisted of coffee, bread and butter; coffee and oatmeal or some other cereal; coffee and hot cakes; coffee and biscuits; coffee and coffee cake, or coffee alone. Probably the same conditions prevail everywhere throughout the country.

"IS IT ANY WONDER," SAYS THE EXAMINING PHYSICIAN,
"THAT 23 PER CENT OF THESE CHILDREN HAVE FRE-
QUENT HEADACHES?"

He was thinking of the chief cause—coffee. And it IS no wonder when we consider that coffee contains the powerful drug, caffeine, a nerve poison and notorious cause of headaches, heart trouble, sleeplessness, irritation, and other ills!

Parents often wonder why their children are sickly, dull and backward in school, when frequently the cause lies in the homely, accepted habit of giving them a beverage containing an insidious poison.

When scientists and Boards of Health everywhere are speaking out against the dietetic dangers to which children have been so long subjected, it is high time that parents take heed and correct these conditions. No child should be permitted to use coffee. It is easy to furnish them instead the pleasant, pure food-drink—

Instant Postum

Made from wheat, roasted with a bit of wholesome molasses, Postum contains the goodness of the grain and is a most delicious beverage, economical, convenient and free from coffee drugs or any other harmful substance.

Postum comes in two forms: The original Postum Cereal, which has to be boiled; Instant Postum—soluble—made in the cup with hot water—Instantly. They are equally delicious, and the cost per cup is about the same for both kinds.

Postum for Children Avoids Coffee Troubles!

"There's a Reason"

ALEXANDER

Sixth Avenue at 19th Street

STURDY school shoes at prices that mean true economy. Two pairs of Alexander shoes will outwear three pairs of "cheap" shoes—besides being better-appearing, more comfortable and correctly designed for normal foot growth. Our orthopedic lasts have been famous for 53 years. Painstaking workmanship and honest materials give Alexander shoes a sturdiness that stubbornly resist wear—an attractiveness that is unusual. You can bring your children here with the assurance of prompt service, conscientious fitting and values bound to be most economical in the end. Stocks are complete and prepared for any demand from infants' first walking shoes to womanly models for the girl entering high school.



Button Shoes of black calf or black kid with patent tips—iron soles—size 11 to 12.

\$2

smaller, \$1.75

larger, \$2.65

Little feet are "hard" on shoes, but often it is the other way 'round. Since 1857 we have specialized in children's shoes that give comfort and permit tender feet to develop correctly.

J. BAUMANN & BRO

AT 84 ST. & 3AVE.

Open Saturdays
Until 10 P. M.
We Close
Evenings at
6 P. M.

\$1.00 A WEEK
Opens an Account

Our Liberal CREDIT Terms apply also to Long Island, New Jersey and Connecticut.

We Pay Freight & Railroad Fare

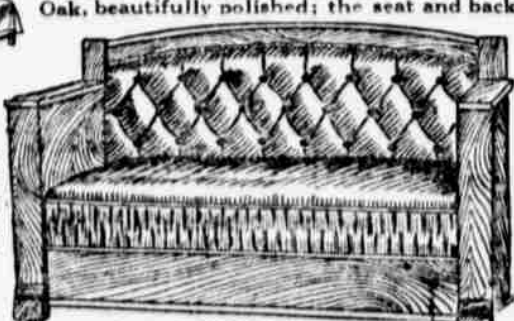
Write for Our New Booklet. MAILED FREE.



AS A BED

are upholstered with imitation leather; when open is a full-size bed, like cut; when closed is 4 ft. wide.

\$26.98



AS A DIVANETTE

3 ROOMS Completely Furnished. \$754
3 ROOMS Completely Furnished. \$1255
3 ROOMS Completely Furnished. \$150

3' AVE. COR. 84TH ST.

THE NEW YORK WORLD SETS THE PACE!

The World Sells 100,000 Copies More in New York City Each Weekday Than Any Other Morning Newspaper.

